



LTJG Adam Glaysher, NSCC, RTIL PAO

How to Excel at Training pg. 7



Tim Pamplin, Great Lakes Division

Go Aboard the Pride of Michigan pg. 8

# Sea Cadet Quarterly

## A Word From Our Cadet of the Year



Squadron 7-Zulu

By CPO Sean Hauter, NSCC  
Squadron 7-Zulu, Quincy, Mass.

Becoming a Sea Cadet was the most life-changing decision I have ever made, and I have never regretted it.

After attending Recruit Training in Massachusetts, I understood how important learning to follow was in the first steps toward becoming a leader. I then took advantage of every opportunity available to me.

I learned about leadership at Petty Officer Leadership Academy and practiced the skill consistently as a Petty Officer. In a short time, I had the privilege of traveling to California to train in land navigation, then to Florida where I participated in special warfare combatant-craft crewmen (SWCC) Training. That was where I pushed my



Dean Fuentes

limits further than ever; in return, I got my boater's license and learned how to swim better than I ever have.

My training in Rhode Island at Law Enforcement Academy New England exposed me to a career path that has interested me to this day. Thanks to this exposure, I am now on my way to Norwich University to study Criminal Justice.

When I became a Chief, I experienced life as an administrator, which brought me a full understanding of how much effort is put into training cadets. This experience helped me become a real leader, rather than solely acting as a drill instructor.

I owe my enjoyment and success to everyone in the program that I have had the honor of working with and looking up to. The officers at my home unit and in my regional staff never failed to provide me with every opportunity available. My Training Officer, INST James Bodell, allowed me to experience volunteering on the USS Salem. My family has always been extremely supportive and I owe LTJG Gene Anastasi from California for demonstrating amazing leadership and teaching me everything he has learned through the program. I wouldn't be the person I am today without the NSCC.



**“ Chief Hauter is not only a good leader, but also a good mentor and has taught many younger cadets leadership skills. He had been invited to and staffed many different trainings over the past couple of years all over the country.”**  
- LTJG Bill Dockham, NSCC, CO of Squadron 7-Zulu/TS Wasp

Did you know? Chief Petty Officer, or CPO, is the highest rank in the U.S. Naval Sea Cadet Corps. In order to advance to CPO, you must have completed roughly 65 days of fundamental and advanced training with Navy and Coast Guard units nationwide. Only a very small percentage of Sea Cadets advance to this rank every year.



**Illinois**

Aurora Division cadets trained in orienteering at a bivouac site.



**Maine**

21 cadets trained in small arms and squad tactics.



**California**

The Blue Angels visited with Antelope Valley Squadron.



# Moving on: Words of Advice

**By CPO Christina Gonzales, NSCC**  
Pasadena Division, Pasadena, Calif.

After five years, my journey as a Sea Cadet is coming to an end. I will be moving on to the Coast Guard Academy, along with two fellow cadets from my division who will be attending the U.S. Naval Academy and the U.S. Merchant Marine Academy.

The Sea Cadet program has helped me accomplish my dream. Through the Sea Cadet program, I attended the Coast Guard Academy's Youth Leadership Conference, the Academy Introduction Mission (AIM) and sailed for three weeks on the USCG *Eagle* with academy cadets. I got an understanding of the environment and knew it was what I

wanted to do. I knew good grades, SAT/ACT scores, athletics and community service were important skills to strengthen when getting ready to apply to any college. I

“If you take care of your people, your people will take care of you.”

took the ACT five times, each time improving in one area or another. I stayed involved in school athletics all four years and showed rank progression in the Sea Cadet program as well as continued involvement in other community service programs.

Sea Cadets taught me the basics which gave me confidence when

participating in the Coast Guard activities. I learned about respect, leadership, military bearing and how to carry myself with pride, which is important in the everyday world as well as for prospective Academy cadets. The Sea Cadet program has given me so much and because of that I plan on becoming a Midshipman in the program to give back and help others the way the Sea Cadet program has helped me.

My advice for those who would like to join the military or plan on becoming a Chief Petty Officer in the USNSCC is to know and understand the meaning of leadership. If you take care of your people, your people will take care of you.



### Hawaii

Battleship Missouri Division learned field medical skills.



### Maine

Cadets attended the christening of USS Zumwalt (DDG 1000).



### Arizona

Veteran's Pride Battalion was in a Vietnam Remembrance Day event.

# From the Executive Director

By **CAPT Jim Monahan, USN (Ret.)**  
Executive Director, NHQ

As we enter into this year's summer training cycle, I am reminded of the things that make our program unique.

We are a leadership program, yet we don't teach leadership; instead you practice it amongst your peers until the skill becomes deeply ingrained in you.

We are a training program that focuses on naval skills and traditions, yet the pride you feel in uniform translates to all aspects of your life. We have seen you be successful and skilled in many different ways.

We are a program originally created to showcase the Navy in a positive light; you do that and so much more. You respect yourselves by maintaining a healthy lifestyle. You respect your leaders and the sacrifices of our nation's veterans. You strive to develop enduring friendships that get you through the challenges of training. You expect the best from yourselves and your fellow cadets, whether on the field or in the classroom. The result of all of these things — of this attitude of excellence — is that you cast not only the Navy, but your entire generation in a positive light.

Leadership, pride, respect and camaraderie — let these things define your summer training experience.



Jason Baum, Sr.

## Welcome to Our Family

A big welcome to our new units ...

- TS Stan Ellexson of San Jose, Calif.
- Jake Garn Squadron of Hill Air Force Base, Utah
- Thomas R. Norris Battalion of Fruitland Park, Fla.
- West Virginia Division of Red House, W.Va.

**There are many valuable news and information resources available to you. In addition to these, please consider our community of volunteers as your best resource!**

**Website:** [www.seacadets.org](http://www.seacadets.org)

**Policy and Reference:**  
[www.homeport.seacadets.org](http://www.homeport.seacadets.org)

**National Facebook page:**  
[www.facebook.com/usnsc](http://www.facebook.com/usnsc)

**National Twitter page:**  
[www.twitter.com/seacadets](http://www.twitter.com/seacadets)

## Unit Awards Released

On May 15, NHQ released the list of units being recognized for outstanding scores on their 2013 Annual Inspections.

Each year, units are required to undergo an Annual Inspection to evaluate their health and welfare. The inspections are conducted by the units' regional directors. There are eight categories scored: a personnel inspection, training attended/correspondence courses completed, unit administration, enrollment/retention, career motivation, regional director evaluation and an NHQ evaluation. Each category is weighted and scored to determine an overall inspection score.

The NSCC unit with the top score was Boca Delray Division of Florida. Training Ship Columbia of California had the highest score for an NLCC training ship.

PO2 Katie Shaw of Boca Delray Division summed up the honor: "I'm so proud of everyone, and honored to be a part of our wonderful family." (Top three winners listed on page 4.)



## John J. Bergen Trophy

**Boca Delray Division  
Boca Raton, Fla.**

The John J. Bergen Trophy recognizes the most outstanding NSCC unit in the nation. This year's honor goes to the Boca Delray Division, commanded by LCDR Jerome McColgan, NSCC, and sponsored by the Boca Delray chapter of the Navy League of the United States (NLUS).



Boca Delray Division

## Morgan L. Fitch, Jr. Trophy

**Training Ship Columbia  
San Diego, Calif.**

The Morgan L. Fitch, Jr. Trophy is awarded to the most outstanding NLCC unit in the nation. This year's honor goes to TS Columbia, commanded by LCDR Melissa Franklin, NSCC, and sponsored by the San Diego NLUS.



Training Ship Columbia

## George S. Halas Trophy

**Challenger Division &  
Training Ship Columbia  
San Diego, Calif.**

The George S. Halas Trophy is awarded to the most outstanding combined NSCC unit/NLCC training ship in the nation. This year's honor goes to Challenger Division and TS Columbia, commanded by LCDR Melissa Franklin, NSCC, and sponsored by the San Diego NLUS.



Challenger Division/Training Ship Columbia

# Chief's Corner: On Leadership



LTJG Christy Pusey, NSCC

**By CPO Ariana Pusey, NSCC**  
Manatee Division, Yankeetown, Fla.

The quote "A leader leads by example, not by force", by Sun Tzu, has always been a principle that I strive to apply in my leadership techniques both as a Chief Petty Officer in the U.S. Naval Sea Cadet Corps and in my everyday life. I learned that a true leader never gives an order that he or she wouldn't carry out.

History shows that good leaders are not remembered for the commands they gave or power they had. Rather, we remember good leaders by the outcome of their actions and the actions of those who follow them. I encourage you to be the best leader you can be, not by yelling commands or showing the power your rank has granted you, but by setting a good example for others to follow.

CPO Pusey joined the U.S. Naval Sea Cadet Corps at the age of 12. She will soon be finishing her Sea Cadet career as the Lead Chief Petty Officer for the U.S.-hosted international exchange held in Newport, Rhode Island in July. Her favorite thing about the U.S. Naval Sea Cadet Corps is the opportunity the program gives to help young adults to become future leaders. Her career goal is to be an officer in the U.S. Coast Guard.

# Photo of the Quarter



Commodore Perry Division

“This year, Commodore Perry Division and Training Ship Lawrence are supporting the organization Honor Flight Northwest Ohio. At this event, we welcomed veterans home from a visit to Washington, D.C. We lined the entry where the veterans came in and rendered a salute to each of them as they passed. The veterans appreciated what the cadets did for them and we just wanted to show them that we appreciate what they have done for us.”

## Alumni Spotlight

### Meet CDR Holly Harrison, USCG

A native of Vienna, Va., CDR Holly Harrison, USCG, is a former Sea Cadet. Having discovered the Coast Guard while a Sea Cadet, CDR Harrison attended the Coast Guard Academy and graduated in 1995.

Assigned to Coast Guard vessels all over the world — from Hawaii to Alaska to Bahrain — CDR Harrison became the first woman to command a Coast Guard vessel in a combat zone, and the first to be awarded the Bronze Star medal, while commanding USCGC *Aquidneck*, a 110-foot patrol boat, during Operation Iraqi Freedom. In 2010, CDR Harrison was chosen by President Barack Obama to serve as one of 13 White House Fellows. During this time, she served as a senior advisor to the Administrator of NASA.

CDR Harrison recently completed a tour as Commanding Officer of USCGC *Northland*, a 270-foot medium-endurance cutter, and began a one-year assignment as the Coast Guard's first National Security Affairs Fellow at Stanford University's Hoover Institution.

### What is your favorite Sea Cadet memory?

When I was 15 years old, I spent two weeks at Coast Guard Station Miami. While on a night patrol, we spotted a red flare and searched for its origin. After what was a long and tiring search, we found a man, woman and dog adrift in a disabled vessel that was floating out to sea. Needless to say, they were extremely glad to see us! On another day, I was out on a routine patrol when a Coast Guard helicopter reported finding what looked like a body. We proceeded to search the area and discovered a deceased scuba diver who had been reported missing. I assisted the crew in recovering her remains and taking her into port. On yet another day, we interdicted a vessel smuggling cocaine. This was quite an adventure for a 15-year-old; I was hooked!

### How would you describe the impact of being a Sea Cadet on your future?

If it were not for the U.S. Naval Sea Cadet Corps, I would not have discovered the Coast Guard, which is far more than a job or career — it is a calling.



U.S. Coast Guard

### CDR Holly Harrison, U.S. Coast Guard

**Former Sea Cadet and first woman to command a Coast Guard vessel in a combat zone**



# Training Smart Starts With Your Seabag

By LCDR Todd Dunn, NSCC  
CO of Manatee Division,  
Yankeetown, Fla.

Before you start to pack your seabag, lay out all the items that will go in it. Don't pack anything that is not on the list and do pack every single item that is on the list.

Make sure everything you have is stenciled with the appropriate information. For example, your instructions may tell you to use last name, first name, middle initial and last four of the SSN. Mark all of your gear and your seabag or you may be forced to make costly and unexpected replacements.

If you are traveling by air, put the uniform that you are reporting in on top of your seabag so you don't have to dump it all out when it is time to change.

Tightly roll or neatly fold your clothes and they will fit in your seabag with room to spare.

Look at where your straps are and put hard things like shoes on the opposite side so they won't dig into your back.

Don't pack heavier items near the top. Pack heavier items near the middle or bottom to aid with balance.

To prevent shoe polish from rubbing off of your shoes and onto your clothes, slide a sock over the toes of the shoes; this also helps protect them from scratches.

Did you know? The term "duffel bag" was first mentioned during World War I by the poet E.E. Cummings, who was serving as an ambulance driver in France.

# Embrace the Challenges

By VADM John Totushek, USN (Ret.)  
Executive Director,  
The Association of the United States Navy

Cadets,

When I was your age, I did not know much about the Navy. The only service member in my family was an Army Air Corps pilot who was shot down and killed in World War II, before I was born. The Sea Cadets program did not yet exist, so it was not until a family friend received an NROTC Scholarship that I became aware of the many ways the Navy could shape my education and provide me with life-changing experiences and opportunities.

As Sea Cadets, you have an amazing opportunity that I never had. You already stand apart from your peers, as you have begun to build the foundation of your future, and the path you have chosen is one in support of the U.S. Navy. Your upcoming Sea Cadet training will provide you the first real taste of what Navy service is and allow you to see, first hand, the ideals and qualities that set service men and women apart from most in our country.

Whether or not your future one day holds a career in the U.S. Navy, you will always carry with you the value of service instilled in you by your time in the Sea Cadets. Even



AUSN

now, you are performing a service to your country beyond what many individuals twice your age have ever done. As you embark on your summer training, embrace the challenges and remember to enjoy the experience!

Did you know? The Association of the United States Navy (AUSN) is the leading voice for America's Sailors, a supporter of American naval power, a provider of professional development and the largest advocacy association in support of the Navy and its Sailors.



LTJG Adam Glaysheer, NSCC, RTIL PAO

# Summer Training in 2014

By CAPT Henry Nyland, USN (Ret.)  
Deputy Director, NHQ

This summer we are moving forward with a full training schedule. Approximately 85 officers have stepped forward, volunteering their time and energies as they always do, to lead approximately 180 different training evolutions across our nation.

Five cadets have been selected to sail

aboard USCG *Eagle* for three weeks. They will embark from St. Johns, Canada, and finish their training cruise in Bourne, Massachusetts.

Sea Cadets attending training at Marine Corps Base Camp Pendleton in California will have the honor of having Master Chief Petty Officer of the Navy Michael Stevens as the guest speaker at their graduation ceremony.



LJTG Adam Glaysher, NSCC, RTIL PAO

# How to Thrive at Recruit Training

By LCDR Brian Kobleur, NSCC  
Commanding Officer, RTIL 2014

We talk a lot about “Team Family” in Sea Cadets because everyone has a role to play in helping cadets grow and thrive. Recruit Training (RT), regardless of where it is offered, is the foundation of a successful Sea Cadet career. Here are some concrete tips for each component of the Team Family triad (cadet recruits, family and unit officers) to get the most out of the experience.

**1. Everyone is new in the beginning.** By definition, Recruit Training is the recruit’s first experience with Sea Cadet summer training. Ask questions. Use your local chain of command. Unit officers, this drives the need to be familiar with the particulars of any training to which you are sending cadets.

**2. If there is a training website or Facebook page, visit it often.** “The only constant is change” sometimes characterizes the training experience. I understand that some people don’t use social media for their personal life, but consider creating an account for Sea Cadet use only. Not being a part of the discussion means you are less prepared, and will miss important information like rosters, tips, graduation information and photos.

**3. Be proactive!** Get Requests for Orders (RFOs) submitted to your local chain of command EARLY, along with a money order made out to USNSCC and a photocopy of your ID card. Don’t send more information than is requested. If you are in perfect health and not taking any medication, a medical history form is unnecessary, and just one more item that has to be shredded because it contains confidential personal information.

**4. Unit officers, please don’t wait to send all of the orders in One Big Envelope.** If the training fills up, this method may penalize proactive cadets. Your signature should be the last thing on the RFO after a final check for completeness and accuracy.

**5. Buy high-quality footwear and break it in early!** At Recruit Training, cadet recruits will march everywhere, upwards of five miles per day. You can’t buy cheap boots on the way to training and expect anything other than crippling blisters that will see your cadet sent home.

**6. Hydration is life!** You can’t cheat your body, and the pace of activity, often in the hot sun and warm summer temperatures, means you need much more water than you might think. By the time you feel thirsty, you’re already dehydrated. Don’t be a casualty to something as easily preventable as dehydration.

**7. Once at RT, follow these three simple rules to ensure success:** Keep your mouth shut, and your eyes and ears open. Listen to the message, not the delivery. Don’t ever quit or give up.

**8. Parents, the best thing you can do once your cadet is at the training is to send encouraging cards and letters.** Please do not send care packages; your cadets won’t get to eat what is inside them, and our officers don’t need the extra calories. RT is stressful enough, so if Great Aunt Matilda broke her hip, or Scruffy the family pet went to Pet Heaven during the training, consider holding off on telling your cadet the news until they’re home.

In summary, our job at RT is to provide a safe learning environment for recruits to become basically trained, physically fit, smartly disciplined Sea Cadets. Unit officers are responsible as the first line of respondents to common questions that parents and cadet recruits may have, so please be knowledgeable about the training (read the Welcome Letter!). Parents, your role is familiar to you: be supportive of your cadets.

Cadet recruits, you have two jobs: to prepare yourself mentally and physically in advance of the training, and to give 110% to learning and trying everything we throw at you. You are capable of so much more than you might think, both mentally and physically. Don’t quit or give up! Tens of thousands of cadet recruits have successfully graduated from Recruit Training; you’re just as good as they are. You can do it!

I look forward to serving with you very soon.



# Come Aboard Pride of Michigan

By **Kate McIlvaine**, Director of Strategic Outreach, NHQ

The dictionary's definition of "crew" — a group of people working together — is an inadequate way to describe the incredible teamwork and camaraderie that I witnessed this Memorial Day weekend aboard the training ship *Pride of Michigan*.

Training events aboard the former naval vessel range from diving and underwater research to emergency first responder certification to classic seamanship skills, such as navigation and line handling. The annual Memorial Day cruise focuses on seamanship and medical training, with port stops made for local holiday events along the St. Clair River.

Under the stalwart guidance of CAPT Luke Clyburn, USMM,

the experienced crew of volunteers and the leadership of PO3 Ryan Tottingham, each cadet was empowered to pursue their area of interest.

Interested in how things work, like SN Jacob Cook? Join the engineering department in the belly of the boat. Interested in learning how to helm the boat under the instruction of SN Liam Pamplin? Go to the pilot house and experience the terrific tension that comes with navigating the bustling waterways of the Great Lakes. Want the labor-intensive task of handling the lines? Join the deck crew with PO2 Henry Hopkins. There is a fit for everyone and all are encouraged to find and pursue that magical thing that turns a group of cadets from around the country into a genuine ship's crew.

## A Once in a Lifetime Experience

By **PO3 Ryan Tottingham, NSCC**  
Great Lakes Division, White Lake, Mich.

Having the opportunity to steer an 80-foot naval patrol boat is a feeling that you simply cannot get anywhere else. Working in the pilot house is a challenging job, but it is always rewarding as your job is crucial for the ship to run a successful course.

Working aboard the *Pride of Michigan* is a once in a lifetime experience. You can learn the basics of a naval vessel, learn naval values and gain a lot of knowledge on how a Navy ship operates.

If you are interested in learning the basics of a naval vessel, training aboard the *Pride of Michigan* is definitely the training for you.



PO3 Tottingham handling the lines after a long day on the river. NHQ



Noble Odyssey Foundation





NHQ  
PO2 Calihan at the helm in the pilot house with SN Pamplin on lee helm and Cadet Routen as quartermaster.



NHQ  
SN Vasquez hard at work as part of the deck crew.



NHQ  
SA Stayner handling the lines as we pulled into port.

# In the Pilot House

By **PO2 Kenzie Calihan, NSCC**  
Great Lakes Division, White Lake, Mich.

Being in the pilot house is my favorite aspect of working on the Pride of Michigan. The cadets actually have the opportunity to fully control an 80' retired naval training vessel, which I think is incredibly unique and awesome. My favorite position in the pilot house is helm; it involves turning the helm, or ship's wheel, until the rudder's specific angle catches the current and changes the course. Depending on the destination and plan of navigation, this task can involve intense concentration.

The other two positions assumed by cadets in the pilot house are lee helm and quartermaster. The lee helmsman uses the lee helm to send a signal to the engine room informing them of the speed at which the Captain has commanded we travel.

The quartermaster keeps a record of all commands, speed and direction changes and landmarks passed, while acting as a lookout to ensure the safety of the ship and those around us.

The pilot house working stations are very stressful, yet their importance to operations and one's ability to excel through exceptional performance build a sense of pride and accomplishment that all cadets strive to feel.

# In the Engine Room



NHQ

By **PO3 Billy MacDonald, NSCC**  
Great Lakes Division, White Lake, Mich.

Life in the engine room is hot, loud and cramped! But even though it is a little uncomfortable, the things you learn are priceless. In the engineering department of the ship, we learn how to check oil, change oil, maintain the engines and check the bilge water. These are skills that will be useful in military or civilian life.

The engine room builds discipline. As an engineer, you have to be able to give up a lot of time to ensure that the ship is in perfect shape to head out to sea. When you are at sea, you have to be able to stay up long after others have gone to bed. I am looking forward to using the skills I have developed as an engineer aboard the Pride of Michigan.

“ I knew I liked ships, but I didn't know how much until I joined the Sea Cadets.”  
- SN Armand Vasquez, NSCC, John F. Kennedy Division, Forest Park, Ill.

# Excited and Ready!

By SA Iran Stayner, NSCC  
Akron Battalion, Akron, Ohio

As soon as I arrived at the Pride of Michigan, I had a feeling I would have fun living on an 80-foot boat. Because this was my first real training experience, I was also pretty nervous! Once the boat started to move I knew there was no turning back. I was scared, happy, excited and ready!

During the weekend's training, I got

to know some great cadets from many other states. During the weekend, I learned many things from medical skills to other shipboard skills that I wouldn't have been able to learn anywhere else. I had so much fun!

Did you know? Training aboard the Pride of Michigan is available to all cadets. Find training opportunities on the 2014 summer training schedule. Go aboard the Pride of Michigan and learn where you best fit within a ship's crew!

# Building More Than a SeaPerch

By **SN Cherin Yoo, NSCC**  
Desert Storm Division,  
Rancho Cucamonga, Calif.

Over the course of an attention and vigor demanding two months, with the boost of a few pizza slices and a combination of relentless work ethic and creative minds, our team, Angelfish, managed to construct a SeaPerch [an aquatic Remotely Operated Vehicle] that would come face to face with its counterparts in the 2014 National SeaPerch Competition held in Mississippi. Though the plane ride over from California held its own negative aspects of a lethargic four hours, upon arriving at the competition site, the University of Southern Mississippi, the ambience was carried across a whole new spectrum from languid to exciting.

Prior to the day of the competition, sign-ins were held and the competitiveness could already be sensed in the speculation and silent approvals of other SeaPerches. Come the big day, on May 17, 0800 sharp, the gym held a mixture of heightened emotions and an aggregation of over 100 students classified between middle school, high school, and an open class. The challenges, including the obstacle course, the Heist, and the poster presentation, all accumulated not only to become a test of what we learned academically and technically, but in a greater prospect, what we learned communally.

Though the competition personally presented to our team was a series of both technical and emotional privations, with anxiety over the poster presentation or apprehensions concerning a punctured

ballast tank, it provided to our team something more valuable than any award we could have received. The progress we made throughout the entire project gave us an opportunity to expand our cognition and communicative skills, but also became our channel to social phenomena. It gave us a chance to bond as a family with other members, delegate and receive responsibilities and compensate for each other's shortcomings with our own acknowledged strengths.

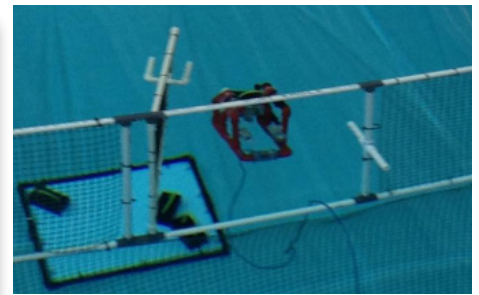
Despite the fact we didn't come home with a first or second place trophy, this experience has left Team Angelfish willing to come back again and again to continue to build something more than just a SeaPerch.



ENS Crystal Cox, NSCC

## What is SeaPerch?

SeaPerch is an innovative underwater robotics program that equips cadets with the resources they need to build an underwater Remotely Operated Vehicle (ROV). Cadets build the ROV from a kit comprised of low-cost, easily accessible parts, following a curriculum that teaches basic engineering and science concepts with a marine engineering theme.



ENS Crystal Cox, NSCC

# Shipmates at SeaPerch Nationals

By **SA Kimberly Frazier, NSCC**  
Desert Storm Division, Rancho Cucamonga, Calif.

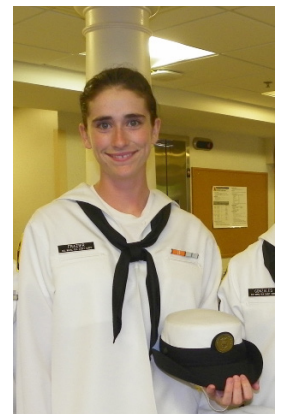
Up until these past few months since I joined the Sea Cadets, I have never truly understood why the Navy stressed battle-buddies. I thought battle-buddies were for the sole purpose of men overboard. Even though I have attended Recruit Training Camp and committed Anchors Aweigh to memory, I had yet to understand the true significance of my shipmates. Yet on May 16, 2014, 17 cadets, four USNSCC officers and I boarded a flight out of LAX. We began our journey to the National SeaPerch Competition in Hattiesburg, Miss.

Initially, we did not know that our unpretentious competition at Los Osos High School was actually a qualifying round to continue on to a national competition. A team of four female cadets, including myself, approached the event with earnestness. Ultimately my team won the overall competition and we qualified for the national event in Mississippi. Various cadets from Desert Storm Division, Trident Patrol Squadron, Pasadena Division, Escondido Battalion and Paul Revere Division formed two national teams. We committed to the compe-

tion by attending various practices and meetings to prepare. After months of training we packed our bags for Southern Mississippi.

During the competition, we stayed in the college dorms at the University of Southern Mississippi and began the competition on a bright Saturday morning. From devastating failures to motivating achievements, we all pulled through as a team to succeed in the goals we set for ourselves.

We did not place in the competition, but we won something greater than a trophy or medal — long-lasting friendships. Each cadet learned essential aspects of responsibilities and teamwork and discovered the true meaning of camaraderie. These lessons learned I will carry for life and are far more important than this moment in time.



INST Suzanne Davis-Kowahl





IEP

# The Pinnacle of Cadet Training

By **LCDR Michael Campbell, NSCC**  
 Director, International Exchange Program

I'm sometimes asked what the reasons are for encouraging Sea Cadets to apply for an international exchange. First, we need to start with the mission statement: "To provide specialized education, training and the opportunity to travel abroad for qualified United States Naval Sea Cadets who have an interest in learning about the cultural differences and nautical traditions that strengthen us as a global community." This says a lot, but what are the benefits beyond getting awarded a very special ribbon that only a select few are authorized to wear?

An exchange can advance your studies and give you an "international education." Participating cadets feel that traveling abroad helped them build valuable study and job skills such as language proficiency, cultural training, tolerance for ambiguity, adaptability and communication.

What do you get from being part of the International Exchange Program (IEP) family?

- You develop a greater understanding of both your own and other cultures as well as meeting new people and developing life-long friendships from around



IEP

“ You develop a greater understanding of both your own and other cultures as well as meeting new people and developing lifelong friendships from around the world.”

the world.

- Growth in self-confidence and becoming more independent while learning more about yourself.
- Immersion in other cultures: this is the best way to learn, experience life with a different flavor and make friends. Plus, it's just plain fun.
- Learning a little bit of a new language.
- Internationalizing your educational experience and widening your study and career prospects: adding international experience to your college application or job resume will give yourself an edge in everything you do.

In the future, I'll present to you some of our success stories and what it's like to be selected for an exchange. I'll update you on the 20+ countries around the world with Sea Cadet programs and fill you in on the best ways to apply.

As the worldwide Sea Cadet movement expands, be sure to get the information you need if interested in an exchange.

For more information, check out our website at <http://iep.seacadets.org> or email [mcampbell@seacadets.org](mailto:mcampbell@seacadets.org).

# California Regional Flagship

515 cadets and staff of Pacific South-west Region-11 recently came together for the 54th Annual Flagship Competition at Marine Corps Base Camp Pendleton, near San Diego, Calif. This competition gives cadets an opportunity to display their skills in both seamanship and drill events. This year's competition was dedicated to MIDN Austin Vancil, NSCC, a former CPO and dedicated member of the Point Divide Division who passed away in April.

Cadets competed for time in vari-

ous events — firefighting, line heaving, semaphore, and stretcher carrying/first aid knowledge. For drill competitions, units entered teams for color guard, exhibition with and without rifles, and regulation drill. Cadets were also judged in a personnel inspection.

The competition culminated with the presentation of the overall 1st Place Award to Bryce Canyon Division. This division has taken the trophy home over 35 times since the competition began in 1968.



ENS Linda Wright, NSCC

## Unit Remembers Crew of USS Utah

By **LTJG Jeanette M. Hernandez, NSCC**

CO of Battleship Utah (BB-31) Division,  
Salt Lake City, Utah

After close to three decades, the Great Salt Lake Division located in Salt Lake City, Utah, was honored to change its name to the Battleship Utah (BB-31) Division on Dec. 7, 2013. In doing so, we celebrate the lives of the men of USS *Utah* and we honor their legacy by carrying on their proud traditions. It was an honor to have in attendance Utah Gov. Gary Herbert, Adjutant General of the Utah National Guard, MG Jeff Burton, USARNG, Naval Operation Support Center Commanding Officer CDR Crespey, two Pearl Harbor survivors and many family members of those who lost their lives that day.

The remains of the USS *Utah* lie silent in an active military area on Ford Island. The USS *Utah* is often referred to as “the forgotten ship”.

On the morning of Dec. 7, 1941, a generation was changed in an instant. They found their resolve to unite against a common enemy, not only to avenge the attack on Pearl Harbor, but to defend the American way of life. As the Battleship Utah Division sets sail, our officers, instructors and cadets have the same fighting drive and passion for their country.

In the proud tradition of the Navy, each cadet and officer received a plankowners certificate and a commemorative challenge coin. This coin displays the USS *Utah* on one side, and the other side reads “honor, courage and commitment”, which are the core values of the greatest Navy in the world as well as the values that we teach each cadet to live by.

As the Battleship Utah (BB-31) Division, it is our responsibility to remember her, to pass on her history to all who will listen and to carry her name with honor. To us, she will not be known as “the forgotten ship”.



Battleship Utah Division

“When I saw the survivors of Pearl Harbor and all the family members of people who died that day, all we had learned became real, we are all now responsible to carry and defend this name with honor and courage ...”  
- PO3 Salina Ochoa, NSCC



Battleship Utah Division





ENS Linda Wright, NSCC



ENS Crystal Cox, NSCC

# Anniversary of Okla. City Bombing

By **E2-T Zackary Kirkham, NSCC**  
Patriot Division, Oklahoma City, Okla.

Being an Oklahoman, this was a particularly personal event. I have grown up painfully aware of what happened and that it was “home-grown” terrorism, which somehow makes this even worse. I am too young to have been here to remember that day but that in no way detracts from the horror of those events.

Being at ground zero is eerie. The fact that an entire city is around you fades into the background. The grounds are very pretty and soothing in a way that is hard to describe. The fact that 168 innocent people, many of them only children, died there is apparent because it feels like sacred ground.

Being involved in the memorial itself was definitely an honor. Words are hard to come up with because it affects me on a level that is beyond description. Saying that it was touching or emotional just doesn’t cover it. Being there to help honor those lost, those left behind, the Oklahoma Spirit, and our nation as a whole is not something I will ever forget. I am also very honored to have been able to represent my unit and the U.S. Naval Sea Cadet Corps.



Patriot Division

## Welcome USS Jackson

By **Dunlap Division**, Mobile, Ala.

On March 22, 2014, Dunlap Division attended the christening of the USS *Jackson* (LCS 6). A ship’s christening is a ceremony steeped in naval tradition that marks the official naming of the vessel. The current Secretary of the Navy and former Governor of Mississippi, the Honorable Ray Mabus, delivered the keynote address and took the time to meet with Dunlap Division’s cadets. PO3 Victoria Wotczak, NSCC, felt humbled by the event and called it “a gratifying privilege”. PO3 Christopher Townsend, NSCC, shared the enthusiasm and called the ship’s christening a “wonderful experience”.



Dunlap Division

“ We had the opportunity to meet and shake hands with Secretary of the Navy, Ray Mabus. What an awesome opportunity!”  
- SN David M. Lowder, NSCC

“You will never do anything in this world without courage. It is the greatest quality of the mind next to honor.”  
- Aristotle

Members of the U.S. Naval Sea Cadets, Mahan Division, present the National Ensign and Puerto Rican flag during a War World II memorial dedication ceremony at the Coast Guard Air Station Borinquen housing park grounds May 23, 2014, in Aguadilla, Puerto Rico. The memorial was dedicated in honor of the military service members who manned the 155mm rifled artillery batteries established to protect the island and Mona Passage from possible German naval surface ship incursions.

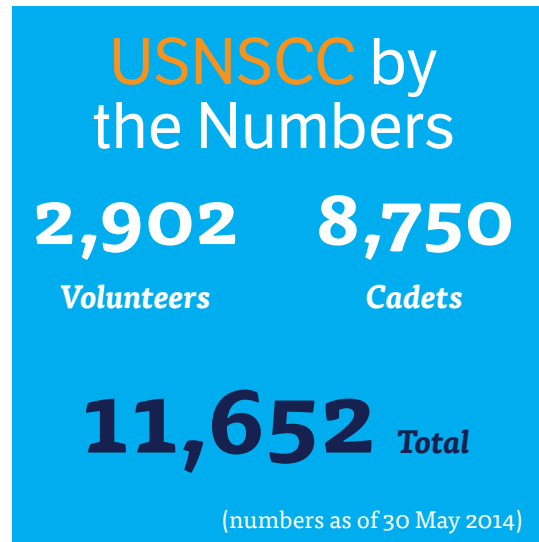


Petty Officer 2nd Class Arturo Guerrero

# A Servant of the Sail

By PO1 Cole Arnold, NSCC  
Manatee Division, Yankeetown, Fla.

Out on the sea with my first mate on top deck,  
without him and my crew my ship is but a wreck.  
My ship! My ship! My albatross made of oak,  
gliding among the waves with no wings to stroke.  
My earnings made from a sea of mackerel and snook,  
trapping my payroll by net or by hook,  
with the darkening of the heaven and a cold strike to my soul,  
I return to home port by the sound of the gulls.  
With the sun finally down, the sea unruffled and mellow,  
The deck hand ran for the rigging and let out with a bellow,  
Land ho! Land ho! Let all the canvas show!



Sea Cadet Quarterly  
Official Publication of the  
U.S. Naval Sea Cadet Corps

2300 Wilson Boulevard, Suite 200  
Arlington, Virginia 22201-5435  
www.seacadets.org  
www.facebook.com/usnsc

Want to be heard?  
Send submissions for the September  
issue to: pao@seacadets.org





# VISIT SEAPOW ONLINE

[www.seapowermagazine.org](http://www.seapowermagazine.org)

[www.facebook.com/SeapowerMagazine](http://www.facebook.com/SeapowerMagazine) [www.twitter.com/SeapowerMag](http://www.twitter.com/SeapowerMag)

Where you'll find the latest sea service headlines and photos as well as advertising information, subscription forms and the current digital edition of SEAPOW, the official publication of the Navy League of the United States.





ENS Jeff Dao, NSCC, Band of the West

## The U.S. Navy's Best Kept Secret

### **Good for our country**

In certain parts of America the local cadet units represent our nation's Navy – and they do this very well.

Cadets perform a variety of types of community service benefiting their hometowns, by participating in roadside and park clean-up efforts and volunteering at public libraries and museums. Cadets also provide support to our veterans through outreach programs and honor guard detachments for memorial services.

The virtues of good citizenship and strong moral principles form the core of the program, which works to instill these traits into each cadet. Cadets are not required to join the armed services once they turn 18, but they will enter the adult world having been taught the fundamentals of citizenship and the value of being responsible and productive members of their communities.

### **Good for our Navy and Coast Guard**

As an official youth organization of the U.S. Navy, we educate our members in

America's rich oceanic traditions and teach them the values of professional seamanship. Training received in the Naval Sea Cadet Corps helps to shape capable and competent Sailors and Officers for our maritime services and merchant marine.

While cadets are not required to join the armed services upon graduation, they do so at very high rates. Our units report that every year a growing number of cadets choose to either enlist or pursue officer commissioning programs, such as the service academies, ROTC or OCS.

Our training program includes a wide variety of quality training evolutions, each based on the proven standards of the U.S. Navy and Coast Guard. Each cadet who enters the armed services is a disciplined, well-trained individual.

### **Good for America's youth**

Our program provides numerous benefits to its cadets – both tangible and intangible. Our cadets and alumni often cite the feelings of pride, camaraderie, respect and honor associated with their experience in the program. These immeasurable benefits

are very important to us. They define us.

The U.S. Naval Sea Cadet Corps engenders among its participants the value of an alcohol-free, drug-free and gang-free lifestyle. Through exposure to a unique team-centric, objective-based environment, cadets learn to demand the best from themselves and others.

The program also provides quantifiable benefits to its cadets. Cadets who enlist in the armed services are often eligible for military advanced pay grade programs (up to two grades in some services). Being a cadet can also help individuals become more competitive for certain programs. More than 10 percent of the midshipmen in the most recent entering class at the U.S. Naval Academy were former cadets, a figure consistent over the past decade. The program provides cadets with not only the motivation and encouragement to pursue their goals, but also concrete assistance in achieving them. Annually, 17 different college scholarship funds are awarded to exceptional cadets.

If you are between the ages of 11 and 17, you can join the Sea Cadet family. For more information go to [www.seacadets.org](http://www.seacadets.org).